



Terms off Conditions

As a student attending a class at MBS you agree to the following terms.

STUDIO NONE MEMBERS

SUMMARY OF TERMS

1 PAYING IN ADVANCE

To secure your space you must pay in advance for your mat space, you may block book, if you wish.

2 IF YOU CAN NOT ATTEND YOUR BOOKED CLASS.

You must let MBS know asap, as we wait for students before we begin the class. MBS is not responsible if you can not attend your class. Your payment will not be moved over to another week, if you don't attend.

3 If MBS close due to unforeseen problems

Your payment will be moved to the week after at the cost of MBS and a text message would be sent to the number we have on file.

4 NEW CHANGES -IF YOU HAVE MISS YOUR CLASS YOU HAVE PAID FOR OR CANCELLED OUTSIDE THE DEADLINE.

The space will be offered on the booking system, You can re-book on the booking system for the missed class for the week after.

Options Paying in advance Block book. or Become a member. Pay by booking on our website. Or In studio Mon -Thurs 5.30pm-9pm to pay by cash or card.

5. NEW Online Zoom classes

New to 2020 Online zoom classes. You can book online via the website for the class currently in the studio and join in at home. At the same price of £6. If you can not attend last min you can request a recording of the class.

At Mind Body and spirit, we pride ourselves in classes for the community. Helping those needing general fitness, recovery after illness, or injury. MBS have a waiting list on most classes, you may already know this having waited on the list yourselves.

MBS terms -:

All clients must book in advance with payment, then following weeks thereafter. This is a policy MBS have had since the company started in 2005. As classes are mostly full, we need to be sure we don't let your mat go, so by booking in advance we will know you are attending your class weekly. If you are on Holiday let us know (you don't pay for holidays), to book your class when back from your holiday.

If you can not attend your paid class we will not move your payment over at MBS cost we can not be held responsible if you can not attend you class. MBS can not fill your mat space at short notice.

None payment can not secure your space, we do not reserve spaces!.

As you can imagine MBS have many cancellations daily and Michelle is not responsible if you can not attend your class. However if you cancel your class within the **Deadline**, we can move your payment to the week after (maybe you forgot that party & wake the next morning and remember) then yes MBS will move your payment over. Or you can move your payment to a class with availability in the same week pre-arranged.

Example you attend a Monday class and pay for the week after, you have until Friday midnight to let us know to move your payment to the week after.

If MBS or venue close due to weather or other then your payment will be moved to the week after at MBS costs, You will receive a group text message on the number we have on file, always keep us up to date with new mobile numbers or email addresses.

Warning - if you miss or cancel outside the deadline your space is not saved for you, you will need to go onto the website and re-book your space for the week after.

You can become a fixed class member if you wish, see terms for members. Or ask inside the studio for the forms and payment plan by Standing Order.

You can also block pay, but remember if you don't attend the same terms apply's.

Options -:

As from March 1st 2010 the new additions to the terms are as follows -

Option 1 - pay in blocks at the studio e.g £24 = 4 classes. remember if you miss, your payment will not be moved to the next class, unless cancelled within the deadline, same applies to holidays.

Option 2 - if you miss a class you have paid for, your payment will not be moved to the next week. Unless cancelled within the deadline, or taken that week on another class with availability pre-arranged.

Online booking for the class the week after would be required, you can book online after midnight for the week after.

You can also call into the studio 5.30pm to 9pm to book and pay also.

We do not save spaces as this is unfair if you do not attend leaving someone else waiting for a space. Some students have been attending for over 15 years, we never want to let anyone down, empty mats = unhappy students waiting for a space.

Option 3 - Become a member, This does works out cheaper per class !

Holidays - notice must be given the week before, with booking and payment when back from your holiday, your space may be offered to someone while you are away as a guest.

Remember

MBS will not pay for reserved mats. No other Gym or studio taking members or none members would reserve mats. They would require you to pay for your class, and if you didn't attend they wouldn't refund you or move your payment to another class, or offer a class that week instead....

I Michelle Griffiths feel this is very fair compared to other locations and classes. I can not be held financially responsible if you can not attend your class. This is a small business.

NEW

If the class you attend in the studio is also on zoom for home attendees, and you can not attend your class you can request a recording to do at home over the next few days. Only recorded if a students asks in advance. Always trying to help you.